

Workshop for expectant parents held

We held a workshop for expectant mothers and fathers on Saturday, November 30. With help from the Community Health and Welfare Section of the Jonan Ward Health & Welfare Center of Fukuoka City, we organized this workshop with 20 participants in 11 groups of expectant parents and a grandmother-to-be from the local community.

The “Babyhood Teacher Project” members from the NPO Work-style Support Team for Moms assisted in the first half of the workshop. Child-rearing mothers talked about pregnancy, giving birth, and how they enjoy parenting, and also shared ideas on creative and effective childcare. This time, an instructor raising twins was also invited. The expectant parents took notes, held babies in their arms, and gained other valuable experiences.



Babyhood teacher giving lessons to expectant parents

In the second half, expectant mothers and fathers jointly listened to a lecture titled, “Communication between Husbands and Wives,” given by Mr. Iori Yoshimura from NPO Fathering Japan Q-Shu. After the talk, the expectant fathers interacted with each other. They actively exchanged ideas, making the workshop a very fruitful one.

While the expectant fathers were enjoying their interactions, the expectant mothers received

a lecture from Dr. Takashi Setoue, a pediatrician at Fukuoka University Hospital, titled “Finding a Family Pediatrician: What You Need to Know about Immunization Before Welcoming Your Baby.” He talked about the importance of immunization and good ways to find a family pediatrician.



A lecture by Mr. Iori Yoshimura from NPO Fathering Japan Q-Shu on communication between husbands and wives



Interaction among expectant fathers



A lecture by Dr. Takashi Setoue from Fukuoka University Hospital on finding a family pediatrician and immunization

Finally, a health nurse from the Community Health and Welfare Section of the Jonan Ward Health & Welfare Center provided information on its child-rearing consultation desk and child-rearing support. We look forward to seeing today’s participants happily raise their children in their local communities.



Health nurse from the Community Health and Welfare Section of the Jonan Ward Health & Welfare Center giving a talk